

*GASTROENTEROLOGY CONSULTANTS  
OF GREATER CINCINNATI*

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**INSTRUCTIONS FOR OUTPATIENT EGD**

**PLACE:**

**DATE:**

**TIME TO REGISTER:**

**NOTHING TO EAT OR DRINK after midnight the night before your procedure.**

- **NO** hard candy or chewing gum.
- **MEDICATIONS:** In general, all medications should be continued in routine dosage EXCEPT medications that will affect blood clotting. If you are on any sort of blood clotting medication, your physician should approve you stopping the medicine.
- **IF CHECKED, follow these specific instructions:**
  - \_\_\_\_\_ Please stop **COUMADIN (Warfarin)** 4 days prior to your procedure. Contact the physician that prescribes this medication for you for their approval before you stop.
  - \_\_\_\_\_ Please stop **PLAVIX (Clopidogrel)** 7 days prior to your procedure. Contact the physician that prescribes this medication for you for their approval before you stop.
  - \_\_\_\_\_ Do not take any **ASPIRIN** or anti-inflammatory medications such as **ibuprofen (Advil, Motrin), naproxen (Aleve), celecoxib (Celebrex), valdecoxib (Bextra)** or other arthritis medications for 3 days prior to your procedure. This is not mandatory –ask your physician if you have questions. Tylenol (acetaminophen) is permitted.
  - \_\_\_\_\_ If you are **DIABETIC**, do not take your oral diabetes medications the day of your procedure. Bring them with you so that you can take them after your procedure.
  - \_\_\_\_\_ If you are **DIABETIC** and you take **INSULIN**, take half of your evening dose the day before your procedure. **DO NOT TAKE ANY INSULIN THE MORNING OF YOUR PROCEDURE.**
  - \_\_\_\_\_ Please ask for special instructions if you take **Heparin, Pletal (cilostazol), Ticlid (ticlopidine), Persantine (dipyridamole), Aggrenox** or any other medication that affects blood clotting.

***\*\*\*If you have to cancel your exam, please contact us at least 72 hours in advance as a courtesy to other patients and your physician. There is a \$75 charge if you do not give notice.***

**(513) 794-5600 OHIO (812) 537-5558 INDIANA**

<b>YOU WILL BE AT THE HOSPITAL OR OUTPATIENT CENTER FOR APPROXIMATELY 2-4 HOURS. YOU MUST HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME.</b>
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