

***GASTROENTEROLOGY CONSULTANTS
OF GREATER CINCINNATI***

COLONOSCOPY SUPER PREP

Certain people need extra laxatives to prepare for their colonoscopy. This could occur because of constipation, certain medical conditions, or medicines.

Please follow these instructions in ADDITION TO your other instructions for your colonoscopy. This will help you have the best test possible.

2 Days Before Your Colonoscopy:

- 1. Eat a liquid diet for the whole day.**
 - 2. Drink 1 Bottle of Magnesium Citrate in the evening**
 - 3. Start your regular instructions.**
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Magnesium Citrate is available over the counter without a prescription. For best results, take magnesium citrate on an empty stomach followed by a full glass of water. Chilling the medication in the refrigerator or giving it with ice may improve the taste.
